

Kalamaki Offshore Sailing School was founded in 1991 offering to candidates sailing certificates recognized by the Greek authorities.

Since **March 2014** Kalamaki Offshore Sailing School, is an **International Yacht Training partner school**, offering IYT sailing certificates, recognized worldwide.

IYT offers the following courses and certificates:

- **International crew sail**
- **International bareboat skipper sail**
- **Irish ICC 24m sail**
- **Yachtmaster coastal sail**
- **VHF Marine Radio Operator (Short Range Certificate)**

Courses content and duration:

There are **three teaching cycles**, each one offering a certificate and leading to the next level:

- **International Crew Sail**
- **International bareboat skipper sail (or ICC certificate)**
- **Yachtmaster coastal sail**

Each cycle lasts **five days** (from Monday to Friday).

Every day course, includes theory which takes place in Alimos marina Athens and practice, applied on the sailing boat.

If the candidate is interested in participating two continuous cycles, optionally, the weekend between the cycles a two day sailing cruise can be organized.

Apart from the sailing courses, a **VHF Marine Radio Operator course and certificate** is offered.

The VHF course lasts four (4) hours, including the exam.

The instructor is **qualified by IYT and the Greek authorities** and courses can be given in **English, German, Greek or Russian** language.

First cycle courses program:

| Day | Time schedule | Theory | Practice |
|------------|----------------------|---|---|
| Monday | 10.00 – 16.00 | Knowing the boat, sailing terminology, sailing boat's parts | Handling ropes - knots |
| Tuesday | 10.00 – 16.00 | Organizing the boat and crew – points of sailing | Handling: Halyards – sheets – winches and stoppers. Hoisting and dropping the mainsail |
| Wednesday | 10.00 – 16.00 | Safety equipment – introduction in of marine VHF use | Hoisting – dropping – trimming: mainsail and genoa. Tacking |
| Thursday | 10.00 – 16.00 | Introduction to meteorology | Sailing, trimming the sails in different points of sailing, tacking, gybing, reefing |
| Friday | 10.00 – 16.00 | Introduction to basic navigation | Practicing in sailing, landmarks observation, navigation excercises |

Second cycle courses program:

| Day | Time schedule | Theory | Practice |
|-----------|---------------|---|---|
| Monday | 10.00 – 16.00 | The role of the keel, physics in sailing: sailing boat stability principles, sails aerodynamics | Organizing the crew in hoisting – trimming – and dropping the sails |
| Tuesday | 10.00 – 16.00 | Meteorology: winds, high and low pressure systems, thermal winds, thunderstorms | Practicing in sailing, reducing sailing area: changing genoa, reefing the mainsail |
| Wednesday | 10.00 – 16.00 | Navigation: nautical charts, plotting a course, LOP, finding position, planning a cruise | Practicing in sailing, practicing in navigation, finding of a fix |
| Thursday | 10.00 – 16.00 | Anchoring: boat handling, anchors, anchoring methods and procedures | Practicing in boat handling under motor, practicing in sailing, tacking, gybing, practicing in navigation |
| Friday | 10.00 – 16.00 | Avoiding collision: the International Rule | Practicing in all sailing and navigation procedures, practical and theoretical exam |

Certificates:

International Crew sail certificate:

This is a certificate of excellence for those candidates who wish to train to become an active crew member in a sailing boat.

Certificate limitations:

By completing the first course circle, the candidate is able to be actual crew member in a sailing boat, up to 24m and up to 20 nm from coast, in daylight hours and in fair weather conditions.

Scope:

The candidate will be able to:

- Handle the right way and safely, ropes – knots – winches
- Know the safety equipment handling
- Assist in applying navigation
- Assist in anchoring or docking the boat

Entry standards:

In this course circle can participate candidates over 14 y.o. with no sailing experience.

International Bareboat Skipper certificate (or ICC certificate):

Certificate limitations:

By completing the second course circle the candidate will be able of:

Command of a vessel up to 24m, in coastal waters up to 20nm offshore, in daylight hours and fair weather conditions.

Scope:

The candidate will be able to:

- Plan a cruise

- Organize the crew for all sailing procedures
- Know all safety equipment handling
- Anchoring safely organize and give orders to the crew
- Know the International collision avoiding rule.
- Know all proper seamanship procedures

Entry standards:

In order to participate the course, the candidate must be over 18y.o., already have the International Crew certificate, plus at least 100 nm at sea, or at least 600 nm at sea.

VHF Marine Radio Operator certificate (Short Range Certificate SRC):

The **VHF SRC** is an **IMO** and **ITU** internationally recognized certificate.

The candidate will be able to:

- Communicate with shore stations or other vessels under the GMDSS requirements
- Know the procedures for sending and receiving a distress signal at sea.
- Know the use of DSC